

ASK YOURSELF

- ✓ Are you a young dad under 20?
- ✓ Do you know a young dad 19 years or under?
- ✓ If yes, would you like to learn more about relationships?
- ✓ Would you like to learn more about your baby and their development?

If you find that these are some questions you have been asking yourself, contact us today:

Text, Call, Email or Facebook us here at Thrive Teen Parent Support Trust today.



"Any man can be a father, but it takes someone special to be a dad."

~Anne Geddes



Young Dads

Come and meet other young dads and learn something new

CONTACT Us

34 Lincoln Road, Henderson

www.thrive.org.nz

Complete our online referral form

or email referrals@thrive.org.nz

09-5514367

Your information may be cited by external agencies as part of our Audit & Risk Procedure.

Thriving
young people,
parents &
families

www.thrive.org.nz

FATHERHOOD

Becoming a father or expecting a child can be a scary thing and not everything is going to be perfect the first time.

Fatherhood has its moments where we feel we may need that extra hand, information or practical knowledge by those peers who have the same ideas.

We aim to have those discussions and trial practical ways to learn more about our child and the relationships that are in place.

We would like to provide the environment where these discussions can take place.



WHO IS IT FOR?

Thrive's Young Dads Group is primarily for teen dads aged 19 years and under.



WHAT IS IT ABOUT?

The focus of the Young Dads Group is to provide opportunities for Young Dads to gain confidence, build knowledge and skills within their role as a father, to connect with their peers and support networks within their communities.

CONTENT

We cover a wide range of topics through a mix of theory and practical based learning. Some topics we cover include:

- ✓ Parenting education
- ✓ Relationship education
- ✓ Healthy lifestyle living
- ✓ Child development
- ✓ Accessing networks

Come along, be part of something inspiring, that gives you important tools.